

This calendar is meant to help you set time aside with Jesus. Decide on where you'll meet Him, and choose a time when you won't fall asleep or be distracted. You can cut this page out and keep it in your Bible. "Come close to God, and God will come close to you" (James 4:8).

MAY



By Justin & Courtney Rose
Age 31 & 29 | Mayfair Community Church | Metropolitan Division



Psalm 1. Do you desire for your whole being to be focused on God? Is your desire to always delight in the revelation of God in the world?

Ask God to help you be a person rooted in His presence, so that your nourishment and sustenance come from His power and not your own.

1

Psalm 2. What a privilege it is to be servants of the King of the universe! Spend a few moments today meditating on God's kingship and lordship. Ask for humility to remain a faithful servant who doesn't stray back on to the path of selfishness.

2

Psalm 3. God is our shelter, provider, and warrior. Sometimes we have a tendency not to let God take care of our troubles and we try to take matters into our own hands. Rest in the truth that God wants to take care of you, especially in your greatest time of need.

3

Psalm 4. There are many issues in our world that are complicated and don't have easy answers or solutions. Pray for someone in your life who has difficult circumstances. Pray that they would have peace in the Lord. Know that God has heard their prayers and cares about them.

4

Psalm 5. It is easy for us to see the sins and wrongs of others, but today, pray for your own righteousness. Ask God to make you holier and more righteous. Confess your sins before God. Ask for humility and perspective.

5

Psalm 6. In what area of your life do you need to pour out your heart to the Lord in grief? Allow yourself to be honest with God and tell Him what you really think and feel. God honors your openness and will hear your prayers.

6

Psalm 7. God is just. He cares about situations that are unfair and when the innocent are victims of wrongdoing. Choose an issue of injustice that you see in your community (racism, sexism, human trafficking, food disparity, etc.) and pray that God would bring justice in our world. Ask how you can partner with God to be a peacemaker.

7

Psalm 8. Praise the Lord today! Try to spend five minutes in prayer where all you do is give praise to God for who He is and what He has done. Listen to a favorite praise and worship chorus to help you get started.

8

Psalm 9. You are never forgotten by God. God is strong, His character never changes, and His love is without limit. Psalm 9 gives us a template of praise and highlights the character of God. How many characteristics can you count and give praise to God for?

9

Psalm 10. Something so comforting about God is that there is no evil within Him. God's goodness and purity stand in opposition to the sin and wickedness we endure in the world. In reading Psalm 10, notice how God's goodness is highlighted, remains powerful, and ultimately is victorious over evil in the world.

10

Psalm 11. The injustices of the world can seem so dire that sometimes it may feel like God doesn't pay attention or see what's going on here on earth. Psalm 11 reminds us that God is aware of everything. He sees the righteous, and will address injustices that plague our world.

11

Psalm 12. God is just and Psalm 12 reminds us that God will arise and protect those who are victims of injustice. Are you humble, righteous, and on the side of justice? Or do you harbor deception and unfaithfulness in your heart?

12

Psalm 13. Sometimes it feels like our prayers are not heard or answered. Ask God for the faith of the psalmist who trusted and praised God in the midst of uncertainty.

13

Psalm 14. Having faith is a gift from God, and sometimes being faithful feels very lonely. It can feel like everyone around you is unfaithful, isn't trying as hard as you, or doesn't get the big picture of God's work in the world. Pray for more faith and that your faith would be rooted in the truth of God and not on your own works.

14

Psalm 15. Being holy is serious business. Luckily, we have a gracious God who helps us to be holy and who sent His Son to provide a clear way to be holy. Meditate on the characteristics of a holy person set out in Psalm 15. What area do you need God's help in to become holier? Consider committing this psalm to memory.

15

Psalm 16. What does it mean to you when the psalmist mentions that God is a refuge? What images or words come to mind? How does the author describe God as a refuge? Pray for someone in your life who needs God to be their refuge; try to paint a picture in your mind of what that would look like.

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Psalm 17. Who in your life or community come to mind as wicked people or enemies as described in the psalm? Pray for those people and consider why you feel they are enemies.

17

Psalm 18. This psalm shows God having incredibly positive characteristics. God is so good that it's unattainable for humans to be like God without His help, yet the psalmist claims to be blameless before God. Consider what this means. Ask God to help you remain blameless and become like Him through holiness.

18

Psalm 19. Psalm 19 depicts God and His character being so powerfully pure that extra characteristics naturally and without effort "ooze" and radiate from Him. In the same way, creation naturally pours forth. How can your praise and meditation (vs. 14) naturally ooze and radiate out of you?

19

Psalm 20. This is a psalm of blessing. Choose a person to pray this over. If possible, physically go up to them and pray this psalm over them, or call them on the phone. Ask them if there is anything else you can pray for them and see how God will bless you both!

20

Psalm 21. Consider the relationship between the Father and the Son in the Trinity. This psalm talks about the King of Israel, but we can also understand Christ as the King. Spend time meditating on the intimacy of the Trinity today and how God uses each person of the Trinity to work justice in the world.

21

Psalm 22. This is the psalm that Jesus quoted on the cross. Put yourself in Jesus' shoes as He had been tortured and painfully nailed to the cross. What does this psalm mean when Jesus speaks it in His time of pain. What does it mean for you?

22

Psalm 23. Psalm 23 is full of rich imagery. Draw a picture of each verse and process the images that come to mind.

23

Psalm 24. Sometimes the imagery of God as King isn't as powerful for those of us who don't live within a monarchy. What is the power of saying God is the King, instead of saying God is the president or leader? Pray that God will reveal His kingship in your life.

24

Psalm 25. God is so merciful that if we ask for forgiveness of our sins, He doesn't hold them against us—even in the foolishness of our youth. Pray that in your youth you will be upright and holy so that you have a lifetime of faithfulness and righteousness.

25

Psalm 26. The psalmist in Psalm 26 is very bold in his claim to holiness and righteousness. Pray for blamelessness and innocence like the psalmist. Pray for deep introspection to see the areas in your life where you need God to help you be even more righteous.

26

Psalm 27. If we make God the priority of our hearts and lives above our family, desires, and fears, God is faithful to take care of us. The psalmist commits his whole life and being to God. What would it look like if you devoted every part of who you are to God?

27

Psalm 28. When was the last time you praised God for an answered prayer or for something He has done for you? Today, spend some time in praise for what God has done for you.

28

Psalm 29. God is so powerful. Sometimes we forget that He is the Creator and has power over everything in the universe. Think of the nature in your area—whether it is woods, waters, deserts, or mountains—and reflect on how God is powerful over your region. Perhaps rewrite this psalm so it makes sense for your environment.

29

Psalm 30. This psalm speaks in extremes. Heights to depths, sadness to joy, shame to favor. Go through this psalm and count all the examples of extreme language and consider what that means for you and your relationship with God.

30

Psalm 31. In the first part of this psalm, the author is plagued with stress. In the second half of the psalm, he rests in his trust of God. What are you stressing about? How can you use the psalmist's example to trust in God?

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